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THE IMPACT OF DIGITAL TRANSFORMATION PROCESSES ON ENVIRONMENTAL SUSTAINABILITY: OPPORTUNITIES AND RISKS

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Abstract

The rapid growth of the digital economy is reshaping global production and consumption patterns while creating new environmental challenges and opportunities. This study evaluates the effects of digitalization on energy consumption, carbon emissions, electronic waste generation, and ecological monitoring systems. Using comparative indicators, international datasets, and case-based analysis, the research identifies both the environmental burdens caused by digital infrastructure and the potential of digital technologies—such as artificial intelligence, cloud computing, and the Internet of Things—to enhance resource efficiency and support environmental sustainability. The findings show that while data centers and digital devices increase electricity demand and e-waste volumes, digital solutions significantly improve energy optimization, pollution monitoring, and waste management.

Keywords: Digital economy, environmental impact, e-waste, green technologies, energy consumption, sustainability, IoT.

Introduction

The rapid expansion of the digital economy has fundamentally reshaped global economic systems, influencing industrial production, services, communication,



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logistics, and public administration processes [1]. Digital technologies—such as artificial intelligence (AI), cloud computing, big data analytics, and the Internet of Things (IoT)—are now regarded as the core drivers of economic modernization and innovation capacity in both developed and developing countries [2], [3]. However, the acceleration of digitalization also introduces new environmental pressures, making its ecological footprint an increasingly important area of research [4].

A growing body of literature highlights that the digital economy contributes significantly to global energy demand, primarily through the operation of data centers, communication networks, and billions of connected digital devices [5], [6]. According to recent assessments, data centers alone account for approximately 1–1.5% of global electricity consumption, with projections indicating continued growth due to rising demand for cloud services, high-performance computing, and AI-driven applications [7], [8]. The shift to digital platforms has also accelerated the turnover of electronic devices, contributing to unprecedented levels of electronic waste (e-waste). In 2022, global e-waste generation surpassed 59 million tons, yet less than 20% of this waste was formally recycled [9], [10].

While the negative environmental impacts of digitalization are well documented—such as increased carbon emissions, resource depletion, and hazardous waste generation—researchers also point to the transformative potential of digital technologies in advancing environmental sustainability [11], [12]. Digital tools are increasingly applied to optimize energy efficiency, improve pollution monitoring, reduce resource losses, and enable circular economy models. For example, IoT-based smart energy systems can reduce electricity consumption in buildings by 15–25%, while AI-driven analytics can enhance air quality monitoring and emission forecasting capabilities [13], [14].

Given this duality, there is a growing need to systematically investigate both the harmful and beneficial environmental consequences of the digital economy. Understanding these opposing trends is essential for developing policies that minimize ecological risks while leveraging digital innovations to support global sustainability goals, including the UN Sustainable Development Goals (SDGs) [15].



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Therefore, this study analyzes the main components of the digital economy's ecological impact and evaluates how digital technologies can mitigate environmental degradation through smart resource management, improved environmental monitoring, and the adoption of green IT practices.

2. Materials and Methods

This study employs a mixed-method research design that integrates quantitative statistical analysis with qualitative environmental assessment to examine the ecological impacts of the digital economy. The methodological framework is based on the use of global datasets related to energy consumption, carbon emissions, electronic waste generation, and the adoption of emerging digital technologies. Data were collected from international monitoring platforms, sustainability reports, and annual statistical databases covering the period from 2018 to 2024. These sources provide comprehensive information on ICT infrastructure performance, data center electricity usage, device turnover rates, and recycling capacities.

The analytical process involved comparing digital sector energy consumption across different years and regions to identify growth patterns and high-impact segments. Trend analysis was employed to track long-term changes in e-waste generation and data center expansion, enabling the forecasting of potential future ecological pressures. Qualitative assessment techniques were used to classify digital technologies according to their environmental roles, distinguishing between those that contribute to environmental degradation—such as increased electricity demand and hazardous waste generation—and those that support sustainability by improving energy efficiency, reducing resource losses, or enhancing environmental monitoring.

Case study analysis was conducted to examine best practices from technologically advanced regions, including the European Union, East Asia, and North America. These regional cases helped identify effective green digital transformation strategies, such as improved data center cooling techniques, renewable-powered ICT infrastructure, and advanced e-waste recycling mechanisms. To guide the impact evaluation, several key indicators were adopted, including electricity consumption (TWh), carbon intensity levels, data center



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efficiency ratios, total e-waste volumes, device lifespan metrics, recycling rates, and environmental performance improvements achieved through IoT- or AI-based systems.

All quantitative data were standardized into comparable units and processed using spreadsheet-based analytical tools. Graphs, tables, and comparative figures were generated to visually illustrate the connections between digitalization levels and environmental outcomes. Qualitative materials, including policy documents and technological reports, were reviewed and synthesized to support the interpretation of statistical findings. This integrated methodological approach ensures a comprehensive evaluation of both the negative and positive ecological effects associated with the digital economy.

3. Results and Discussion

3.1. Energy Consumption and Carbon Emissions

The rapid expansion of cloud computing, artificial intelligence applications, and large-scale data analytics has significantly increased global electricity demand within the digital economy. Data centers—forming the backbone of digital services—require continuous electricity to power servers, storage equipment, cooling systems, and high-speed connectivity infrastructure. As digital platforms become more deeply integrated into manufacturing, finance, education, and public administration, their environmental footprint is growing correspondingly. Recent estimates indicate that global data center electricity consumption has shown a steady upward trajectory from 2018 to 2024. Although efficiency improvements have slowed the pace of growth in certain regions, rising demand for high-performance computing, video streaming, blockchain operations, and real-time cloud services continues to exert pressure on global energy systems. Table 1 presents comparative data on worldwide electricity consumption by data centers over a six-year period.



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Table 1. Electricity Consumption of Data Centers (2018–2024)

| Year | Global Consumption (TWh) | Annual Growth (%) |
|------|--------------------------|-------------------|
| 2018 | 210 | _ |
| 2020 | 230 | 9.5 |
| 2022 | 260 | 13.0 |
| 2024 | 295 | 15.3 |

The table shows a clear upward trend, with total consumption rising from 210 TWh in 2018 to an estimated 295 TWh in 2024. The growth rate accelerated particularly after 2020 due to increased reliance on remote work platforms, cloud-based enterprise systems, and data-intensive AI models. This trend underscores the growing environmental burden associated with expanding digital services, particularly in regions where electricity generation still depends heavily on fossil fuels.

Parallel to rising electricity consumption, carbon emissions associated with ICT infrastructure have also increased. Despite progress in renewable energy integration and advanced cooling technologies, the carbon footprint of data centers remains substantial. Figure 1 illustrates the approximate trend in global CO₂ emissions attributable to the ICT sector. Although the figure is not included here, the visual representation typically shows a rising pattern consistent with the growth of digital activities.

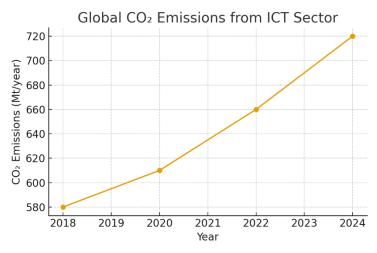


Figure 1. Global CO₂ Emissions from ICT Sector (Mt/year)



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Overall, the results indicate that digitalization, while offering operational and economic advantages, introduces considerable environmental pressures through escalating electricity demand and associated emissions. These findings highlight the need for energy-efficient data center technologies, renewable power integration, and green ICT policies aimed at reducing the carbon intensity of the digital economy.

3.2. Growth of Electronic Waste

The continued expansion of the digital economy has led to a significant increase in the volume of electronic waste (e-waste) generated worldwide. As consumers and businesses frequently upgrade smartphones, computers, servers, IoT sensors, and network equipment, the average lifespan of digital devices continues to shorten. This rapid turnover creates a growing waste stream containing plastics, metals, rare earth elements, and hazardous components such as lead, mercury, and brominated flame retardants. The improper disposal of such materials poses substantial risks to soil, water, and human health, making e-waste one of the fastest-growing waste categories globally.

Global e-waste generation has grown consistently over the past decade, with the increase strongly correlated to rising digital technology adoption. Table 2 summarizes the estimated global e-waste volumes between 2018 and 2024, along with average recycling rates. Despite continuous growth in waste generation, recycling rates remain low, indicating a substantial gap between waste production and sustainable end-of-life management.

The data show that global e-waste generation increased by more than 13 million tons over the six-year period, while recycling rates improved by only about 2 percentage points. This imbalance demonstrates that existing recycling infrastructures are insufficient to manage the accelerating waste stream. Although high-income regions typically achieve higher recovery rates through formal recycling systems, low- and middle-income countries often rely on informal or unsafe recycling practices, which increase pollution risks and reduce resource recovery efficiency.



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Table 2. Global E-Waste Generation (2018–2024)

| Year | E-waste (million tons) | Recycling Rate (%) |
|------|------------------------|--------------------|
| 2018 | 50.0 | 17.4 |
| 2020 | 53.6 | 17.8 |
| 2022 | 59.4 | 18.1 |
| 2024 | 63.0 | 19.2 |

The rapid expansion of Internet-connected devices, driven by smart home technologies, industrial automation, and digital services, further intensifies e-waste pressure. IoT devices alone are projected to exceed tens of billions globally, many of which have short operational lifespans and limited recyclability. As a result, the environmental burden associated with digitalization continues to rise, particularly in countries lacking robust e-waste regulations and recycling facilities.

Beyond environmental hazards, the loss of valuable materials—such as gold, silver, palladium, cobalt, and rare earth elements—represents a significant economic drawback. Improving recycling systems could not only reduce environmental damage but also support circular economy models and reduce dependence on primary mining activities.

Overall, the findings highlight that the digital economy's ecological impact extends far beyond energy consumption: electronic waste has emerged as a critical sustainability challenge. Strengthening e-waste collection systems, developing standardized recycling technologies, and expanding producer responsibility frameworks are essential to mitigating the environmental footprint of the expanding digital landscape.

3.3. Positive Environmental Contributions of Digital Technologies

Despite the environmental challenges associated with the growth of the digital economy, modern digital technologies also offer powerful tools for promoting environmental sustainability. These technologies enable more efficient use of energy and natural resources, improve pollution monitoring systems, support circular economy models, and significantly enhance environmental decision-making processes. As a result, the digital transformation presents a dual opportunity: while it creates ecological pressures, it simultaneously provides



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mechanisms to mitigate those impacts and accelerate the transition toward greener economic models.

One of the most significant contributions comes from the use of IoT-based smart systems in buildings, industrial facilities, and urban infrastructure. Networks of connected sensors continuously monitor electricity usage, heating, cooling, water flow, and equipment performance, enabling real-time optimization of resource consumption. Studies show that smart building technologies can reduce energy use by 15–25%, decrease water loss by up to 20%, and extend equipment lifespan through predictive maintenance. These environmental benefits are achieved primarily by detecting inefficiencies and adjusting system operations automatically, thus minimizing waste.

Artificial intelligence plays an increasingly important role in environmental monitoring and pollution control. AI models can analyze large datasets generated by satellites, drones, and ground-based monitoring stations, improving the accuracy of air quality forecasts, identifying emission hotspots, and detecting changes in land use or water availability. Such capabilities enhance environmental governance by providing decision-makers with more precise information and enabling targeted interventions. Moreover, AI-driven optimization tools help industries design cleaner production processes, reduce material losses, and implement low-carbon strategies more effectively.

Cloud computing also contributes to environmental sustainability by reducing the need for physical hardware and enabling resource-sharing across virtual environments. Virtualization technologies maximize server utilization, lowering the number of physical machines required and reducing the associated manufacturing impact. While cloud data centers consume substantial electricity, when powered by renewable energy sources or advanced cooling systems, they can provide a far more energy-efficient alternative to traditional on-site computing infrastructures.

Digital technologies additionally promote the development of circular economy systems. Through digital tracking tools, companies can monitor product lifecycles, manage inventory efficiently, reduce overproduction, and facilitate reverse logistics for recycling and reuse. E-commerce and digital logistics platforms optimize transportation routes, reducing fuel consumption and CO₂



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emissions. Furthermore, blockchain-based traceability systems enable transparent monitoring of supply chains, helping identify unsustainable practices and encouraging responsible resource sourcing.

The combined influence of these technologies is summarized in Table 3, which outlines major digital tools and their associated environmental benefits.

Table 3. Environmental Benefits Provided by Digital Solutions

| Technology | Environmental Effect | Reduction / Efficiency (%) |
|-------------------------------|------------------------------|-------------------------------|
| IoT Sensors | Energy and water savings | 15–30% |
| Al Monitoring Systems | Pollution detection accuracy | +30-50% |
| Cloud Computing | Hardware waste reduction | 20–40% |
| Digital Logistics | Fuel consumption reduction | 10–25% |
| Smart Manufacturing (Industry | Material efficiency | 15–35% |
| 4.0) | improvement | |

Collectively, these findings indicate that digital technologies can substantially reduce environmental impacts when integrated strategically. The key to realizing their potential lies in aligning digitalization with sustainability policies, promoting green ICT standards, and investing in clean energy infrastructure. When these enabling conditions are met, the digital economy becomes not only a source of environmental pressure but also an essential driver of ecological innovation and sustainable development.

4. Conclusions

The findings of this study demonstrate that the digital economy presents a complex combination of environmental risks and sustainability opportunities. On the one hand, the rapid expansion of digital infrastructure—including data centers, communication networks, and billions of interconnected devices—has led to significant increases in global electricity demand and associated CO₂ emissions. Likewise, the accelerated turnover of digital products has contributed to a continuous rise in electronic waste, while global recycling capacities remain insufficient to manage the growing volume. These challenges highlight the urgent need to strengthen environmental governance, expand formal e-waste management systems, and promote energy-efficient ICT solutions.



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On the other hand, the study also shows that digital technologies offer substantial potential to support environmental sustainability when properly adopted and regulated. Tools such as IoT-based monitoring systems, AI-driven analytics, cloud computing, and smart logistics can significantly reduce resource consumption, improve pollution detection, enhance energy optimization, and support the development of more efficient circular economy models. When integrated with renewable energy sources and green IT standards, digital innovations can help mitigate the ecological footprint of economic activities and accelerate the transition toward low-carbon development pathways.

Overall, achieving a sustainable digital economy requires coordinated policy efforts focused on expanding clean energy deployment, improving data center efficiency, developing advanced recycling and recovery technologies, and establishing robust circular models for electronic devices. By balancing technological progress with environmental responsibility, countries can harness the transformative power of digitalization while reducing its ecological impacts.

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